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PRAYER OF ST. BONAVENTURE

Saint Bonaventure



Pierce, O most sweet Lord Jesus, my inmost soul with the most joyous and healthful wound of Thy love, and with true, calm and most holy apostolic charity, that my soul may ever languish and melt with entire love and longing for Thee, may yearn for Thee and for thy courts, may long to be dissolved and to be with Thee. Grant that my soul may hunger after Thee, the Bread of Angels, the refreshment of holy souls, our daily and supersubstantial bread, having all sweetness and savor and every delightful taste.

May my heart ever hunger after and feed upon Thee, Whom the angels desire to look upon, and may my inmost soul be

filled with the sweetness of Thy savor; may it ever thirst for Thee, the fountain of life, the fountain of wisdom and knowledge, the fountain of eternal light, the torrent of pleasure, the fullness of the house of God; may it ever compass Thee, seek Thee, find Thee, run to Thee, come up to Thee, meditate on Thee, speak of Thee, and do all for the praise and glory of Thy name, with humility and discretion, with love and delight, with ease and affection, with perseverance to the end; and be Thou alone ever my hope, my entire confidence, my riches, my delight, my pleasure, my joy, my rest and tranquility, my peace, my sweetness, my food, my refreshment, my refuge, my help, my wisdom, my portion, my possession, my treasure; in Whom may my mind and my heart be ever fixed and firm and rooted immovably. Amen.

Personal Prayer: Pathway to Joy CD

Marcellino D'Ambrosio, Ph.D.

Everyone knows that personal prayer is important. You can't expect to deepen a relationship with God talking with Him only once a week! But how, in the midst of the busy, noisy life we all lead, can we develop a pattern of daily prayer that really works? And if we are successful in carving out some moments for prayer, what do we do? How should we spend that time in way that would be most fruitful?

Dr. Marcellino D'Ambrosio has taught spiritual theology academically, but, more importantly, he's had plenty of practice applying that tradition to everyday life. With a family of seven, a business, and a non-profit corporation to run, he knows the challenges that a busy, active life can pose to the Christian who wants to pray. In this talk, he lays down principles and gives practical suggestions on how busy laypeople can develop a prayer life that leads to joy and personal transformation.

Audio CD \$8.95